



Since **SUGAR TRAIN** *2017*
Restaurant

MENU

MALELANE • SOUTH AFRICA

LET **US** EAT

Come and join us. Pull up a chair. Have a taste. Life is so endlessly delicious.

Entradas - To Start

Chicken GIBLETS	65
Cooked to perfection in our traditional broth, served with a fresh Portuguese roll	
Chicken Livers	75
Sautéed with onions, served with a fresh Portuguese roll	
Homemade Prawn Risssoles	85
3 Fresh risssoles made in-house, served with sweet chilli, BBQ, or peri-peri sauce	
Chorizo Flambé	95
Chorizo sausage pan fried with onions, finished with a 1920 Brandy flambé, served with potato disks	

Sanduiches Torrados Toasted Sandwiches

Served with homemade hand cut fries

Ham & Cheese	55
Ham, Cheese, Tomato	60
Chicken Mayo	60
Bacon, Egg & Cheese	70

Frango Portugues Portuguese Chicken

Cooked over the coals, finished on our flame grilled & basted in our homemade peri-peri sauce

Full chicken	225
Half Chicken	135
Quarter Chicken	75
Chicken Wings	120
8 Juicy chicken wings, flame grilled and tossed in a choice of BBQ, peri-peri or lemon & herb sauce	

Seleção de Prato Platter Selection

Platform Snack Platter (Serves 2)	240
Selection of in-house made prawn risssoles, fish cakes, beef samosas & chicken samosas. Served with sweet chili sauce, BBQ sauce & our famous peri-peri sauce	
Sharing Meat Platter	
½ Chicken, sautéed livers, BBQ ribs, traditional espetada with a choice of garlic butter, lemon butter or our signature peri-peri with 2 sides of your choice	Rump – 390 Fillet – 440

Favoritos Clássicos Classic Favorites

Served with homemade hand cut fries

Nkomazi Beef Burger	115
100% pure beef patty topped with bacon, cheddar cheese, fried onion rings & tomato relish served on a freshly baked bun	
Flying Scotsman Burger	85
Pan fried crusted chicken breast fillet set on a bed of lettuce & tomato, served on a freshly baked bun	
Beef Prego	110
150g fillet prego steak, grilled to perfection, served with spicy peri-peri on a fresh Portuguese roll	
Route 66 Chicken Schnitzel	125
Succulent chicken breast, crumbed, deep fried and served with your choice of mushroom or cheese sauce	
Platform Chicken Salad	85
Lettuce, tomato, cucumber, bell peppers, red onion, feta, olives, and grilled peri-peri chicken fillet strips served with a creamy salad dressing	



■ **Da Grelha**
From the Grill

Lazy aged steaks flame grilled to perfection with our secret steak rub

Beef fillet 200g	210
Beef fillet 350g	270
Beef Rump 200g	165
Beef Rump 300g	190
Beef T-Bone 350g	175
Beef T-Bone500g	230

Karoo Lamb Chops 300g	235
Lamb chops grilled to perfection with our secret steak rub	
Sticky BBQ Pork Ribs	225
500g sticky, juicy pork ribs flame grilled with our secret BBQ basting	

■ **Frutos do Mar - Seafood**
Served with a side of your choice

Grilled Line Caught Fish of The Day	145
Grilled line fish served with our homemade tartare sauce with a choice of garlic butter, lemon butter or peri-peri sauce. Enquire with your waiter on which fish is available	

Grilled Hake	115
190g Grilled hake served with our homemade tartare sauce with a choice of garlic butter, lemon butter or peri-peri sauce	

Kingklip	235
210g Pan fried Kingklip fillet served with homemade tartare sauce with a choice of garlic or lemon butter	

■ **Camarões - Prawns**
Served with a side of your choice

Queen Prawns	
10 Prawns	350
King Prawns	
8 Prawns	470
Tiger Prawns Medium	
8 Prawns	450
Tiger Prawns	
3 Prawns	390
6 Prawns	780

■ **Especialidade de Casa**
House Speciality
Served with a side of your choice

8 Hour Braised Beef Oxtail	230
Beef oxtail slowly braised in red wine with carrots, onion, celery, leeks & garlic	

Traditional Portuguese Steak	180
Rump	
Succulent 200g steak grilled to perfection in our traditional Portuguese steak rub topped with a fried egg with a sprinkle of paprika	

Prawns are a great source of Vitamins B-6, B-12 and Niacin, which help the body produce energy, build muscle and replenish red blood cells



Cardápio de Massas Pasta Menu

Vegetarian Lasagne 145

Butternut, feta and cream cheese open lasagne drizzled with honey and rosemary-infused cream sauce, topped with watercress and walnut pesto and served with homemade bread and Green Salad

Pasta Napolitana 120

Steamed Pasta Penne cooked in Tomato Salsa with Pan-Fried Button Mushrooms and assorted Capsicum finished with Parmesan Cheese served with homemade bread and Green Salad

Basil Pesto Pasta 125

Pasta tossed in grilled mushroom sautéed with cherry tomato, olives, roast cashew nuts, Danish feta, basil pesto and fresh herbs topped with parmesan cheese served with homemade bread and Green Salad

Fettuccine Alfredo 145

Steamed fettuccine doused in a double cream sauce, sliced button mushroom, topped with parmesan cheese served with homemade bread and Green Salad

Beef Lasagne 175

Lean Beef mince cooked in homemade Napolitana sauce and a rich Pinotage layered with Béchamel and homemade lasagne sheets topped with three kinds of cheese and oven-baked to perfection served with homemade bread and Green Salad

Menu Para Crianças Children's Menu

Served with homemade hand cut fries

Chicken Strips 80

8 Chicken strips, crumbed & deep fried

Fresh Fish Fingers 70

3 Hake fish fingers. Made fresh in-house, battered & deep fried

Chicken Espetada 80

Juicy grilled chicken fillets kebab basted with a sweet BBQ sauce.

Prato de Lado Side Dishes

Mash 45

Creamed Spinach 45

Cinnamon Infused Butternut 45

Beer Battered Onion Rings 45

Mixed Grilled Seasonal Vegetables 45

Portuguese Spiced Long Grain Rice 45

Chef's Side Salad 45

Hand-Cut Fries 45

Sauces 25

Pepper, Mushroom, Cheese, Garlic, Garlic Butter, Lemon Butter or Peri-Peri

Partidas (Departures)

Salted Caramel & Lemon Confit Cheesecake 75

Coffee & Chocolate Cream Cake 85

Homemade Malva Pudding with Custard 80

Ice Cream & Chocolate Sauce 30

Dom Pedro

Amarula 70

Cape Velvet 80

Frangelico 75

Kahlua 70

Whiskey 70

Dessert Hot Beverages

Irish Coffee 60

Kahlua Coffee 55



Drinks MENU



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LET **US** DRINK RESPONSIBLY

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Wine List

House Wines

	Glass	Bottle
Zevenwacht 7even Sauvignon Blanc	40	130
Zevenwacht 7even Bouquet Blanc	40	130
Zevenwacht 7even Rosé	40	130
Zevenwacht 7even Pinotage	40	130
Zevenwacht 7even Rood	40	130
Protea Cabernet Sauvignon	45	140
Protea Merlot	45	140
Protea Shiraz	45	140

Sparkling

	Bottle
Jc le Roux La Domaine	110
Jc le Roux La Chanson	110
Jc le Roux La Domaine Non-Alcoholic	110

Method Cape Classic

	Bottle
Pongrácz Classic	270
Pongrácz Rosé	270
Pongrácz Noble Nectar	300

Champagne

	Bottle
Moët & Chandon Impérial Brut	1165
Moët & Chandon Nectar Impérial	1450
Veuve Clicquot Rich	1950

Natural Sweet

	Glass	Bottle
Robertson Semi Sweet White	35	130

Chardonnay

	Glass	Bottle
Protea Chardonnay	45	140
Groote Post Chardonnay		135
Zevenwacht Chardonnay		200

Rosé

	Glass	Bottle
Hermanuspietersfontein Bloos		155
Robertsons Natural Sweet Rosé	35	130

Chardonnay / Pinot Noir

	Glass	Bottle
Haute Cabrierie	45	190

Sauvignon Blanc

	Glass	Bottle
Hermanuspietersfontein		170
Vergenoegd Runner Duck	40	140

Chenin Blanc

	Glass	Bottle
Protea Chenin Blanc	45	140
Groote Post Chenin Blanc		155
Zevenwacht Chenin Blanc		155

Red Wines

	Bottle
Morgelauren Lourens River	300
Rupert & Rothschild Classique	330
Anthonij Rupert Optima	350
Hermanus Skoonma Shiraz	280
Zevenwacht Syrah	200
Zevenwacht Merlot	200
Zevenwacht Cabernet Sauvignon	200
Groote Post Merlot	250

Non-Alcoholic Wine

	Bottle
Darling Cellars Red	100
Darling Cellars White	100

The earliest evidence of wine is from the Caucasus region in today's Georgia (6000 BCE), Persia (5000 BCE), Italy and Armenia (4000 BCE)

Single Malt Whiskey

Glenfiddich 12yr	45
Glenlivet 12yr	45

Cognac

Hennessy VS	55
Remy Martin VSOP	65

Vodka

Absolute	30
Grey Goose	45
Smirnoff 1818	20

Shooters

Blow Job	30
Kahlua, Cape Velvet	

French Kiss	30
Cherry Liqueur, Baileys	

Jelly Baby	35
Banana Liqueur, Blue Curacao, Cape Velvet	

Suitcase	30
Jack Daniels, Passion Fruit	

Chocolate Cake	30
Vodka, Frangelico	

Flaming Lamborghini	70
Sambuca, Stroh Rum, Strawberry Liqueur, Cape Velvet, Kahlua	

Liquid Cocaine	30
Vodka, Blue Curacao, Lime	

Springbokkie	30
Peppermint Liqueurs	

Jagerbomb	
Jägermeister & Red Bull	
Single	90
Double	120
Triple	150

Jägermeister	35
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Tequila

Jose Cuervo Silver	30
Jose Cuervo Gold	30

Brandy

Klipdrift Original	20
Klipdrift Premium	30
KWV 3yr	30
KWV 5yr	35
Richelieu	20

Whiskey

Bains	35
Bells	25
Chivas 12yr	35
J&B	25
Jack Daniels	30
Jameson	35
Jameson Select Reserve	45
Johnnie Walker Black	35
Johnnie Walker Red	30
Southern Comfort	30

Rum

Bacardi Superior White	20
Captain Morgan	20
Malibu	25
Red Heart	20
Spiced Gold	20
Stroh Rum	30

Gin

Belgravia Dry	25
Belgravia Orange	20
Belgravia Pink	20
Bombay Sapphire	30
Gordons London Dry	20
Inverroche Amber	40
Inverroche Classic	40
Inverroche Verdant	40
Tanqueray Dry Gin	20

Beer

Amstel	30
Black Label	28
Castle Lager	28
Castle Life	25
Corona	40
Hansa	28
Heineken	35
Millers Draught	35
Stella Artois	40
Windhoek Lager	35
Windhoek Light	30
Windhoek Draught	40
Heineken 0.0	30

Ciders

Flying Fish	30
Hunters Dry	35
Hunters Extreme	35
Hunters Gold	35
Re Square Purple Ice	35
Red Square Reloaded Non-Alcoholic	30
Red Square Silver	35
Savanna Dry	35
Savanna Light	29
Savanna Lemon Non-Alcoholic	29

Spirit Coolers

Smirnoff Spin	35
Brutal Fruit	25
Benin Blush	25

Liqueurs

Amarula	20
Baileys	25
Cape Velvet	25
Strawberry Lips	20
Frangelico	20
Drambuie	20
Butlers Strawberry	20
Butlers Blue Curacao	20
Butlers Cherry	20
Butlers Banana	20
Butlers Peppermint	20
Jägermeister	35
Kahlua	20

Cold Beverages

Milkshakes	30
Banana, Bubblegum, Chocolate, Coffee, Strawberry, Vanilla, Lime	
Cold Drinks	25
Coke, Coke Light, Coke Zero, Cream Soda, Fanta Orange, Sprite, Sprite Zero	
Lipton Iced Tea 300ml	30
Lemon, Peach	
Appletizer	33
Grapetizer	33
Schweppes 200ml	20
Dry Lemon, Ginger Ale, Lemonade, Soda Water, Tomato Cocktail, Tonic Water	
Fitch & Leeds Tonic 200ml	20
Blue Tonic, Pink Tonic, Pink Tonic Sugar Free	
Valpre 500ml	20
Still, Sparkling	
Red Bull 375ml	36
Fresh Fruit Juice	20
Apple, Cranberry, Mango, Orange, Fruit Cocktail, Strawberry	

Hot Beverages

Filter Coffee	20
Cappuccino	30
Single Espresso	20
Double Espresso	25
Caffe Macchiato	25
Caffe Latte	30
Hot Chocolate	30
Tea - Five Roses / Rooibos	20



Thank you for your support





Since

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